

ATTN: President's Coronavirus Guidelines for America



Dear Tribal Leader,

Please see the attached call-to-action from President Trump to combat the COVID-19 Virus. These are the actions developed in concert with top health and medical professionals of the Federal Government to slow the spread of the COVID-19 Virus. As a Tribal Leader, you are the first line of defense for your citizens – I ask that you please join us in suppressing COVID-19 by uniting your community to adhere to the seven guidelines as much as possible for the next 15 days. Thank you for your efforts to safeguard your citizens and your communities. If I can be of any assistance, please contact me directly.

Mvto/Wado,

Tyler Fish
Senior Policy Advisor & Tribal Liaison
White House Office of Intergovernmental Affairs

The President's Coronavirus Guidelines for America

15 Days to Slow the Spread

1. Listen to and follow the directions of your state and local authorities.
2. If you feel sick, stay home. Do not go to work. Contact your medical provider.
3. If your children are sick, keep them at home. Do not send them to school. Contact your medical provider.
4. If someone in your household has tested positive for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.
5. If you are an older person, stay home and away from other people.
6. If you are a person with a serious underlying health condition that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.
7. Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to stop the spread of the coronavirus:
 - Work or engage in schooling from home whenever possible.
 - If you work in a critical infrastructure industry, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.
 - Avoid social gatherings in groups of more than 10 people.
 - Avoid eating or drinking in bars, restaurants, and food courts – use drive-thru, pickup, or delivery options.
 - Avoid discretionary travel, shopping trips, and social visits.
 - Do not visit nursing homes or retirement or long-term care facilities unless to provide critical assistance.
 - Practice good hygiene:
 - Wash your hands, especially after touching any frequently used item or surface.
 - Avoid touching your face.

- Sneeze or cough into a tissue, or the inside of your elbow.
- Disinfect frequently used items and surfaces as much as possible.

* School operations can accelerate the spread of the coronavirus. Governors of states with evidence of community transmission should close schools in affected and surrounding areas. Governors should close schools in communities that are near areas of community transmission, even if those areas are in neighboring states. In addition, state and local officials should close schools where coronavirus has been identified in the population associated with the school. States and localities that close schools need to address childcare needs of critical responders, as well as the nutritional needs of children.

** Older people are particularly at risk from the coronavirus. All states should follow Federal guidance and halt social visits to nursing homes and retirement and long-term care facilities.

*** In states with evidence of community transmission, bars, restaurants, food courts, gyms, and other indoor and outdoor venues where groups of people congregate should be closed.