# WICHITA AND AFFILIATED TRIBES

**NEWSLETTER**
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**Anadarko, OK 73005**
**newsletter@wichitatribe.com**

**February 2014**
**Distributed February 28, 2014**
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Wichita Executive Committee
Terms Expire 07/2016

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Terri Parton

Vice-President
Jesse E. Jones

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Committee Member
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Committee Member
Gladys Walker

Tribal Administrator
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## President's Report

I hope everyone is doing well and has shoveled their way out of all of the snow. Spring will be here shortly. With Spring, brings new things for our people. It seems like things slowed way down for the holidays and we have now headed strong into the new year. I will report on some of the main topics and you can see what else we have going on in the newsletter.

**Event Center at Sugar Creek Casino**
It has been a long time coming but we finally have everything in line and will have broken ground on the Event Center by the time you read this newsletter. You will find more about the Event Center on page 3.

**Dance Building**
On February 3, 2014, construction began on the inside of the dance building. The remodel should be done in July 2014. The final cost of construction and inspections will be $601,810. We had initially budgeted for $300,000 as an estimate. We hope and believe that we will have some savings in other line items to offset the increased cost by the end of the budget year. The increased cost include structural stabilization. We think our members will be happy with the final project. Tribal members will be able to utilize the building for various activities. You can find a picture of the current building on page 11 so that you can compare it at a later date once the renovations are complete.

**Tribal App and Language App**
The Executive Committee approved a tribal app for phones. We hope that it will be available to download in the app store for Apple and Google sometime in April. We are also exploring an app for Wichita language.

**Information and Discussion Meeting**
An Information and Discussion Meeting was scheduled for February 22, 2014. The meeting was to provide an opportunity for tribal members who had questions and concerns about the Referendum Election questions that were presented last year. No one showed up. We will have one more on Saturday, March 29, 2014 at 10:00 a.m. at the AoA Bulding. If no one shows up then the Committee will move forward with preparing the final questions for the Referendum Election regarding changes to the Governing Resolution. The election will be held on July 19, 2014. Please make sure you begin making plans now. If you want to make a change to allow absentee voting and blood quantum then you have to show up to vote this one time. We are putting it out to vote. It is the tribal membership's responsibility to come and vote whether you vote for or against it.

**Lawn Mowing Program for Elders**
Many elders have asked if the Tribe was going to have the lawn mowing program again. We will be doing this again. We should have more information about this in the March newsletter.

**Enrollment**
Juanita Moore, Tribal Government Services Specialist, started a new job and moved from Anadarko. The Enrollment Office has been vacant for several weeks. We have tried to deal with the immediate issues. Pamela Pogue has been hired and will begin Monday, March 3, 2014. We hope to get some of the enrollment items situated over the next few weeks for those who have called and have applications pending.

*(Continued on Page 2)*

# President Report Cont. & WTC Quarterly Reports

**After School Program**

The Juvenile Services Program will begin a pilot project for an After School Program. This project began as a limited proposal by the FDP Program Director, Beth Parker, due to some employees having a lack of opportunities for their children to attend programs after school and having to ride the bus to the Tribe. It then grew into a developed program that many departments from the Tribe will participate in and that is open to all tribal youth. You can find more information on page 7.

**Demographic Survey**

This newsletter is cut short this month due to the Demographic Survey that will be enclosed with the mailing of the newsletter. This will help keep our postage costs down. Those receiving the emailed version will not receive the survey with the email. We will be mailing this newsletter to everyone over 18 so that everyone over 18 has an opportunity to fill out the survey. We plan to use the survey for future grants, job opportunities and program expansion. Those enrolled tribal members over 18 that complete the survey will receive a $10 gift card to Walmart. We hope you will take the time to fill out the survey.

**Wills**

On page 4, you will find information regarding Wills. I strongly encourage you to get a Will prepared. We will try to hold another Will Clinic in the near further. In the meantime, please contact OCU School of Law at (405) 208-5017 to see how they may assist you free of charge in preparing a Will if you live in Oklahoma.

**Oral Histories**

I reported sometime last year that we were trying to duplicate the Oral Histories that were done. We tried to do that in house but had issues with the duplications. Our interaction with the Sam Noble Museum led to them transferring the Oral Histories from tapes to the DVD's for our Tribe. I contacted them again and they have offered to provide two additional copies so that we can archive the first one. One additional copy will be available for tribal use and the other will be given to each individual or the family. We hope to have those by the first of April.

**Conclusion**

It is a lot of work getting things ready for the Committee and then making the decisions. Sometimes the work day don't end until midnight. We have meetings and we don't always agree but we work well together through our disagreements. They can get intense at times. These aren't easy positions. Sometimes things take a little longer than we would like but we move forward. As always, we need prayer for our Wichita people and the decisions that your leaders make even if you may not always agree with them. Remember those who are sick especially those whose endure ongoing medical treatments. May God bless you with his grace!

## Wichita Tax Commission

**Quarterly Report**
**October 1-December 31, 2013**
**Submitted by: Gary McAdams, Chairman**

The Wichita Tax Commission (WTC) submitted their Quarterly Report to the Wichita Executive Committee. Below you will find some of the highlights from the report.

- Reviewed financial reports ending 09/30/2013
- Approved liquor license and tobacco license for Wichita Travel Plaza
- Approved forms for Wichita Tax Commission
- Approved temporary extension of alcohol beverage licenses for nine (total) casino employees during the quarter
- Retained counsel for Oil and Gas Regulations
- Approved COLA for employees.
- Set Tobacco Retail Sales License Fee
- Approved four casino license fees for one year
- Approved employee incentives.

Statistics:

- Renewals-37
- Late Renewals-82
- New Registrations-49
- Duplicate Titles-11
- Lien Releases-17
- Lien Entries-16
- Personalized Plates-7
- Title Transfers-0
- Repo Titles-1
- Lost Decals-1
- Stolen Tag-1

The Wichita Tax Commission also submitted financial reports prepared by staff.

## Commissioner Vacancy

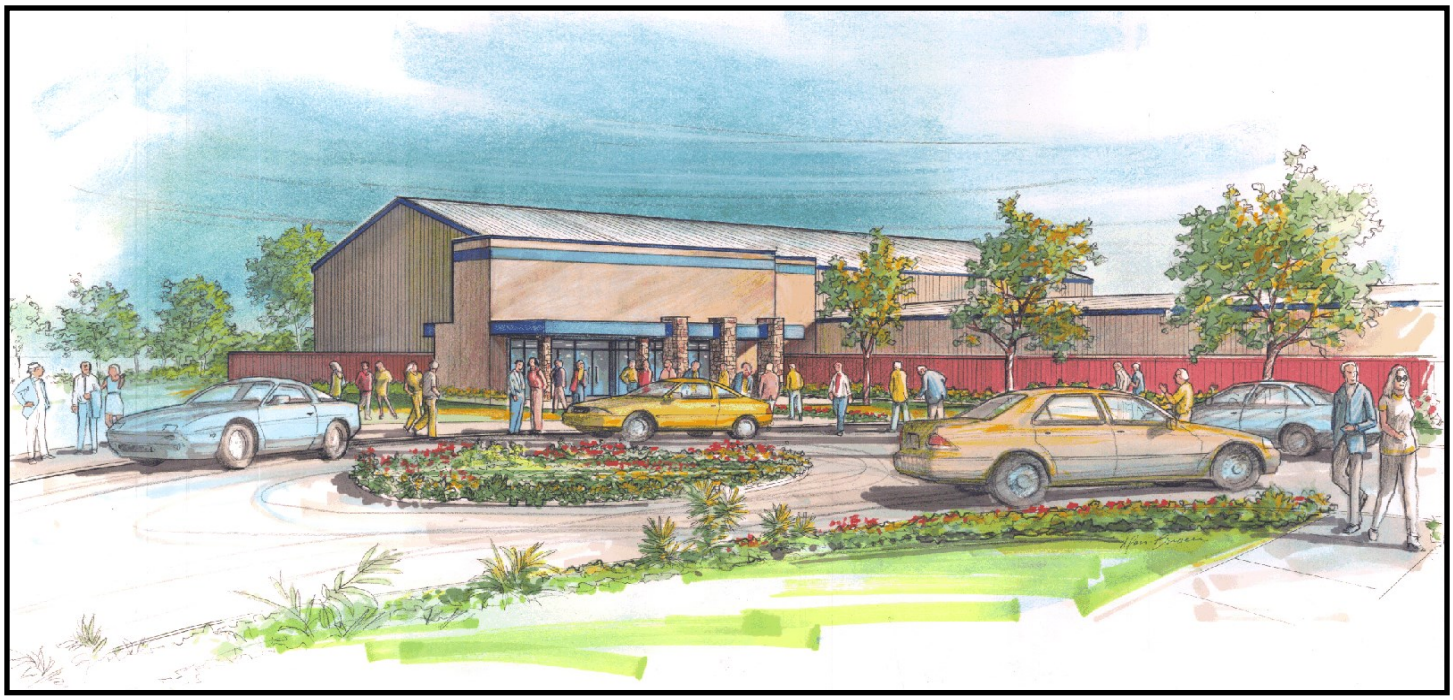
The following Commission will have one vacancy on March 31, 2014:

**Wichita Tax Commission**

If you are interested in serving on this Commission then please submit a cover letter, and resume, no later than March 31, 2014 to:

**Wichita and Affiliated Tribes**
**Attn: Secretary**
**P.O. Box 729**
**Anadarko, OK 73005**
**Fax: (405) 247-2430**

# Tribe Holds Groundbreaking for Event Center



The Wichita Executive Committee held a groundbreaking ceremony at 1:00 p.m. on Friday, February 28, 2014 for a new Event Center located at Sugar Creek Casino in Hinton. The Event Center will be a 22,266 square foot building that will seat approximately 1,200 people. The Event Center will be used to enhance the entertainment at Sugar Creek Casino. Cage Fights and concerts serve as an attraction for casino patrons. The Event Center will be located on the west side of the casino. The current event center will also be under renovation over the next few weeks to increase the gaming floor. The projected completion date will be during the summer months.

Pictured below: Front Row-President Terri Parton; Committee Members-Gladys Walker and Shirley Davilla; Secretary-Myles Stephenson Jr.; Tribal Elder who offered the prayer-Doris McLemore; Back Row-General Manager-Glen Coleman; Security and tribal member-Dustin Schmidt; casino employee and tribal member-Judy Elizondo; Tribal Administrator-Charles Tippeconnic; Café Manager and tribal member-Chesa Kadayso; Marketing Manger-Rocky Coleman; casino employee-Cynthia Terry.

# Wills, Spiro, Dental Grant & Healthy Business Award

## Why Do You Need a Will?

Under the American Indian Probate Reform Act (AIPRA), there are multiple scenarios that can happen with your land if you pass on without having a will. This information comes from the Institute for Indian Estate Planning and Probate at the Seattle University of Law 2006. You can access the information at: http://www.law.seattleu.edu/

Scenario #1-Trust land with 5% or more interest

1. Your legal spouse in a life estate without regard to waste
2. The remainder to all eligible children equally
3. If none, then to eligible grandchildren
4. If none, then to parents
5. If none, then to siblings
6. If none, then to tribe with jurisdiction
7. If none, to the federal government

Scenario #2-Trust land with less than 5% interest

1. Your legal spouse in a life estate, but only if the spouse lives on that parcel at the time of your passing
2. The remainder goes to the oldest living eligible child (Single Heir Rule)
3. If none, then to the oldest living grandchild or great grandchild
4. If none, then to the tribe with jurisdiction
5. If none, to the federal government

The tribe has already automatically received many tracts of fractionated land. If you make a will it can help your family keep property that might otherwise go back to the tribe if it is highly fractionated land. There are other options available also. Please contact someone about obtaining a will.

## OCU to Offer Service Dates for Wills

Oklahoma City University School of Law will have service dates for will preparation on March 28th and April 25th, 2014. You may contact them (405) 208-5017 to schedule an appointment for the service dates or other dates that may be available.

## Wichita Language Classes for Children

Wichita children, ages 5 and up, are invited to attend the Wichita Language Classes for Children on Sundays beginning at 3:00 p.m. at the Administration Building. The last class will be April 6, 2014. Children will be attending the Oklahoma Native Youth Language Fair.

## OU Archaeological Field School at Spiro Mounds

The Wichita and Affiliated Tribes is looking for tribal members interested in possibly participating in a Archaeological Field School at Spiro Mounds sometime during dates of May 19 to June 20. We are proposing either one or two days of participation depending on the number interested. Days of participation may also be extended. We are currently looking for participants entering their Junior or Senior year in high school or currently attending college. Those participating will learn the basics of archaeological investigation and artifact analysis and participate in the important research at the site of Spiro. Those expressing an interest in participating must be able to withstand being in the heat during this time which can be extreme. If you meet the criteria and are interested, please send an email with your contact information to gary.mcadams@wichitatribe.com. We are also exploring the possibility of taking tribal members to the site while the field study is going on to explore the Spiro. We will provide more information on the site visit at a later date.

## Wichita and Affiliated Tribes Receives Dental Grant

On January 15, 2014, the Wichita and Affiliated Tribes was notified that the Tribe received a $2,000 grant award from the Oklahoma City Area Inter-Tribal Health Board. The Dental Support Center announced the funding for the oral health mini-grant project. The grant will be used in conjunction with other events to promote good dental health specifically among our children. Terri Anquoe and Charles Clark worked to get the funding for the grant.

Terri Anquoe, SDPI Director, and President Terri Parton accept the 2013 Healthy Business Award for the Wichita and Affiliated Tribes

# WTSC Annual & Quarterly Reports

## Wichita Tribe Sports Commission
## Annual Report Highlights
## 2013

**Matt Roberson – Chairman**
**Mike Snyder – Vice Chairman**
**Robert Smith - Commissioner**

Below are highlights from the Annual Report submitted by the Wichita Tribe Sports Commission that meets the requirement of the Wichita Tribe Sports Commission Act.

**Activities within the Tribe's jurisdiction:** 6 events sanctioned by the WTSC.
**Activities that have occurred in other jurisdictions:** 0
**Amount of revenue collected:** $3870
**Number of permits issued and revoked:** 6 events, 47 Federal MMA IDs, 0 revoked
**Number of licenses issued and revoked:** 156 Licenses issued, 0 revoked
**Number of Violations of the Act:** 0
**Number of sanctioned sporting events conducted:** 6

- Restructuring of the Commission
- Restructuring license fee collection
- Employing needed inspectors
- Expanded pool of inspectors
- 6 tribal members serve as inspectors
- Referees and judges certified by the ABC
- Attended Annual ABC Conference
- Chairman attended Tribal Athletic Commission Summit
- Conducted 2 training sessions with inspectors
- Chairman appointed to Tribal Advisory Committee

**Plans for 2014:**

- Strive for excellence
- Maintain emphasis on training
- Recruit 15-20 inspectors
- Build relationships with other tribes

## Affordable Care Act Informational Meeting

**March 6, 2014**
**AoA Building**
**1:00 p.m.**

Anadarko Indian Health Services will be at the Wichita Tribal Complex AoA Building at 1:00 p.m. on Thursday, March 6, 2014 to give an update on the Affordable Care Act and what that means for Native Americans. They will also be discussing the Veterans Administration. AoA participants, tribal employees and tribal members are welcome to attend to hear information and ask questions.

## Wichita Tribe Sports Commission

**Quarterly Report**
**October 1-December 31, 2013**
**Submitted by: Matt Roberson, Chairman**

**Activities within the Tribe's jurisdiction:** 1 event sanctioned by the WTSC.
**Activities that have occurred in other jurisdictions:** 0
**Amount of revenue collected:** $1165.00
**Number of permits issued and revoked:** 1 event, 9 Federal MMA IDs, 0 revoked
**Number of licenses issued and revoked:** 43 Licenses issued, 0 revoked
**Number of Violations of the Act:** 0
**Number of sanctioned sporting events conducted:** 1

The Wichita Tribe Sports Commission sanctioned 1 event for the first quarter of FY 2014. Sugar Creek Showdown 20 was held at Sugar Creek Casino in Hinton. This event had plenty of action and included 5 title fights. Videos of the bouts spread like wild fire across the internet again. Several of the fighters have received interest from national shows.

We are still in need of inspectors. The inspectors assist the commissioners with handling of the fighters and ensure that rules are administered in a fair and effective way. This is a hands on role and the inspectors will work in all aspects of the event from being backstage with fighters, observing taping of the hands and ankles to monitoring the coaches ringside. The inspector position is a vital part in the operation of the commission. If you are interested please call Matt Roberson at 405-623-4191.

## Tribal Offices Closed

**Good Friday Holiday**
April 18, 2014
**Memorial Day Holiday**
May 26, 2014
**Independence Day Holiday**
July 4, 2013

**Dates to Remember**

March 29, 2014
Information and Discussion Meeting for Referendum
June 7, 2014
Rabies Clinic-Wichita Tribe
July 19, 2014
Annual General Council Meeting
July 19, 2014
Referendum Election

# AI Summer Intern Program & WTIDC Quarterly Report

## Anadarko Industries
## Wichita Summer Intern Program

Anadarko Industries, LLC (AI) is currently accepting applications from Wichita Tribal members who are interested in participating in its new summer intern program. This program is established especially for Wichita Tribal college students who will be classified as at least a Junior in the Fall 2014 semester. This will be an 8-week program scheduled between June and August timeframe. The program will be held at AI's corporate office in Houston, TX where the intern will work with corporate officers and managers.

The first half of the program will allow the intern to observe and participate in all areas of the business from new business development and proposal submittals to contract administration and operations. The second half of the program will allow the intern to work more in depth in a specialized area based on his or her background and current AI activities. For example, an intern might help with market research, financial reporting, process improvement activities, or a specific NASA contract. If timing allows, each intern will also have an opportunity to present the company's annual report at the Wichita annual meeting that is typically held in July.

The intern will have the responsibility of relocating to and from Houston for the program. However, boarding and local transportation will be provided in addition to earned wages during the program. The program start and finish times are flexible to adjust to the intern's college semesters schedule. If interested, the student could take a course at the University of Houston at Clear Lake which is close to the AI offices.

**Deadline for applications:** March 15, 2014.
**Prerequisites:** Qualifies as at least a Junior in Fall 2014.
**Application requirements:** College transcript or report card with courses and grades, current resume, and a cover letter explaining why you wish to be considered for the program and an overview of your career goals.

Those interested should submit application requirements to AI's Vice President of Operations, Kenn Hall, at khall@anadarko-industries.com. Decisions should be made by the middle of April so that students can plan accordingly.

**Job Opportunities with AI and WTE**

http://anadarko-online.ghg.com/public/index.jsp
https://wichitatribe-online.ghg.com/public/

## Wichita Tribe Industrial Development Commission

**Quarterly Report**
**October 1-December 31, 2013**
**Submitted by: Ben Hatfield, Chairman**

The Wichita Tribe Industrial Development Commission (WTIDC) submitted their Quarterly Report to the Wichita Executive Committee. Below you will find some of the highlights from the report.

- October 9, 2013 WEC Transfers operations of Wichita Travel Plaza (WTP) to WTIDC
- WTIDC establishes vendor lists
- Obtains tribal licenses for alcohol & tobacco
- Established bank accounts for WTP
- Hired consultant to train WTP staff
- Developed interim operations manual
- Vendor agreements
- Soft opening for WTP first week of November
- Ribbon cutting for WTP on November 8, 2013
- Grand opening for WTP on November 9, 2013
- Established accounting system
- Sought manager for WTP
- Reports Anadarko Industries (AI) and Wichita Tribal Enterprises (WTE) continues to seek business development and work on contracts
- Reports Wichita Industries LLC still seeking 8(a) certification
- Reports WTIDC will seek Chief Executive Officer (CEO)
- Reports that election of officers continue as a priority

WTIDC submitted financial reports for the Wichita Travel Plaza.

## Wood Available

Tribal members are free to gather the cut wood that is located behind the AoA and portable building for their personal use. Maintenance is clearing the brush and have cut up some logs. If you have any questions please call the front desk at (405) 247-2425 ext. 100 and the receptiont will get you in touch with maintenance.

## Rock Springs Cemetery Clean Up

The Maintenance Staff will be clearing out old flowers on and around the graves. They will not bother the tops of the graves unless there are dead flowers that need to be removed to help with the weed control. Please contact the tribal office if you have any questions or concerns.

# After School Program & Celebration of the Young Child

## Wichita and Affiliated Tribes Announces the Juvenile Services After-School Program

The Juvenile Youth Services Program is sponsoring an after-school enrichment program focusing on Wichita culture and traditions. The program is designed to be a proactive approach to promote positive influences among our tribal youth by enhancing Wichita cultural values. The program is scheduled to begin on Monday, March 24th, 2014, from 3:30 pm until 5:00 pm. The program will be held at the Wichita and Affiliated Tribes office complex which is located directly north of Anadarko on State Highway 281. To obtain an application for the program or for additional information please contact Yvonne Goetsch, Juvenile Youth Services Program Director, at (405) 247-2425 ext. 125, or by e-mail at yvonne.goetsch@wichitatribe.com.

**Purpose:** The Juvenile Youth Services After-School Program will strive to enhance cultural competency and provide healthy activities to promote the positive development of our native youth to include:

1. Wichita language, values and beliefs
2. Educational tutorage
3. Nutritional Values
4. Mental Health
5. Physical Health
6. Social Norms - Gang Prevention; Bullying; anger issues…

**Eligibility:** All native youth (8 to 17 years of age) are encouraged to attend and will be accepted upon submitting a completed application and proof of tribal membership in a federally recognized Native American tribe.

**Transportation:** Transportation to and from the program will be the responsibility of program participants and their respective parents and/or guardians.

**Supervision:** Supervision of all program participants will be provided by the Juvenile Services Program Director or related

### Address Updates

Please send address updates to:
Wichita and Affiliated Tribes
Attn: Enrollment
P.O. Box 729
Anadarko, OK 73005

# TERO Program Holds Job Fair

## TERO Job Fair Provides Opportunities for the Community

On Thursday, February 27, 2014, the TERO Program held a Job Fair for the local community. Edward Stephenson serves as the TERO Director and coordinated the event. Over 150 people signed in as participants. Businesses setting up booths for job opportunities included BIA Law Enforcement, Sugar Creek Casino, Wichita Child Development Center, Goodyear, Cherokee Nation Construction, Gabriel and Kiowa Headstart. Participants filled out job applications and many were offered jobs during the event. The Wichita and Affiliated Tribes and Mr. Stephenson would like to thank all those who participated and assisted with making the event a success.

## Pictured:

Top Left: Yvonne Goetsch, Edward Stephenson, John Wallace, Angela French, Cynthia Coffee, Ben Hatfied

Middle: Capria Haywood, Zora Carlton and Sunshine Yeahquo-Wichita Child Development Center

Bottom Left: Kim McLemore and David Conley-BIA Law Enforcement

Bottom Right: Tara Tartsah and Shannon Mehringer-Sugar Creek Casino

# Wichita Tax Commission Notice

## Wichita Tax Commission
### Wichita and Affiliated Tribes

Gary McAdams, Chairman
Edward R. Stephenson, Vice-Chairman
Sandra Wilson, Secretary
Roger Bruce Birch, Member
Katherine Cunningham, Member

Verna Wetselline, Tax Administrator
Sally Green, Tag Agent

P.O. Box 547
Anadarko, OK 73005
Tax Administrator: 405.247.8643
Tag Office: 405.247.8668
Fax: 405.247-8672

Website: www.wichitatribe.com

# NOTICE

**EFFECTIVE MARCH 15, 2014, IF A TRIBAL MEMBER WISHES TO SEND A PROXY TO RE-NEW THEIR VEHICLE REGISTRATION THE *"AFFIDAVIT FOR LEGAL OWNER PROXY RE-NEWAL REGISTRATION"* FORM MUST BE COMPLETED BEFORE THEIR REGISTRATION RENEWAL WILL BE PROCESSED. THIS FORM CAN BE EMAILED OR FAXED TO THE TRIBAL MEMBER BY THE TAG AGENT.**

**FOR FURTHER INFORMATION PLEASE CALL THE TAG AGENT AT 405-247-8668 OR THE TAX ADMINISTRATOR AT 405-247-8643.**

# Vacancy Announcements

## Wichita Tribe Sports Commission Inspectors

The Wichita Tribe Sports Commission has immediate openings for both male and female inspectors for the boxing and MMA events at Sugar Creek Casino in Hinton, OK. Duties include monitoring fighters and seconds, both prefight and during the event to ensure the safety of the fighters and ensure strict adherence to the rules and regulations set forth by the commission. No experience is necessary. All inspectors will obtain training and certification by the commission. Applicants must be available on Fridays and Saturdays to be considered. Applicants must be willing to submit to a background investigation and drug test. Interested parties may obtain an application at the Administration Building at the Wichita Tribe Complex located 1 1/4 miles North of Anadarko on Hwy 281. Indian Preference applies. Closing date is March 31, 2014 at 5:00 p.m. however the Commission will continue to take applications for future events. If you have any questions, please call Commissioner Matt Roberson at 405-623-4191. Tribal Members are encouraged to apply.

## WCDC JOB BANK APPLICATIONS

Wichita Child Development Center (WCDC) will be collecting applications for the center's job bank for on-call/substitute/ future positions:

- Teachers with Bachelors in Early Childhood
- Teachers with Associates in Early Childhood
- Teachers with CDA/CCP (or be willing to obtain within 18 months of hire)
- Teacher Assistants, willing to obtain required training/ certifications
- Cook with food handler's permit (or be willing to obtain within 1 month)

All positions must possess a valid Oklahoma Driver's License and have adequate transportation. These positions require a successful background check and drug screening. Salary is contingent upon education and experience. Application acceptance is on-going.

Please submit application, cover letter and resume to:

Wichita and Affiliated Tribes
**ATTN: HUMAN RESOURCES**
P.O. Box 729
Anadarko, Oklahoma 73005
Phone 405/247-2425 ~ Fax 405/247-2430

## Social Services Director

The Wichita and Affiliated Tribes has an opening for the position of ***Social Services Programs Director***. Responsible for the BIA Social Services Program, Family Violence Prevention Program, LIHEAP, and Community Services Block Grant. **Duties**: Evaluates and determines eligibility for assistance, conducts interviews with clients, refers clients to available resources, maintains program records and client case files, and maintains strict client confidentiality. **Qualifications:** Prefer a Bachelor's Degree in Social Work or related field; have two years of employment and one year of administrative experience in Social Work; must have experience in preparing grant proposals, reports and budgets; valid State of Oklahoma Driver's License; must pass a drug screening test and a criminal background investigation. Applications available at the Wichita and Affiliated Tribes or at www.wichitatribe.com. For additional information please contact Human Resources Manager at (405) 247-2425. **Closing date is March 12, 2014 before 5 p.m.**

## Sugar Creek Casino
## Casino Job Postings

Sugar Creek Casino is now accepting applications for the following position(s). Open until filled

**Blackjack Pit Supervisor**
**Maintenance/Shuttle**
**Lead Cage Cashier**
**Bartender**
**Food and Beverage Cashier**
**DropTeam Member**

All applications must be submitted to the Sugar Creek Casino's Human Resources Department by fax 405-542-2949, mail Sugarcreek Casino 5304 N. Broadway, Hinton, OK 73047 or Sugarcreek Casino Website @ http://www.sugarcreekcasino.net

Wichita and Affiliated Tribal Member & Indian Preference Considered.

(These positions are subject to being filled internally.)

# WGC & WHA Quarterly Reports

## Wichita Gaming Commission

**Quarterly Report**
**October 1-December 31, 2013**
**Submitted by: Andrea King, Executive Director**

This report focuses on the productivity of the Wichita Gaming Commission staff for the period 10/01/2013 through 12/31/2013, as well as our goals for next quarter. The WGC welcomed our additional Compliance Officer Whitney Watson. Whitney has been employed by Sugar Creek Casino since 2011 and began working with WGC 12/30/2013.

The WGC has successfully completed the following for Q4-2013. The WGC office processed and approved-45 employee licenses, 5 vendors and 46 vendor technicians. The Wichita Gaming Commission office revised and approved an updated version of the Wichita Tribal Internal Control Standards on 10/31/2013 making Wichita Gaming Commission compliant with NIGC standards. The Wichita Gaming Commission/staff attended the following training in Q4: Oklahoma Tribal Gaming Regulators Conference, Tulsa OK, 10/2013 and two (2) board members of the Wichita Gaming Commission attended G2E, Las Vegas NV, 10/2013.

The Wichita Gaming Commission will focus on accomplishing the following goals for Q1-2014:

- Continue to complete revisions on Sugar Creek Casino policies to assure all policies are Tier C and TICS compliant.
- Focus on filling all staff vacancies within the Wichita Gaming Commission office.

**Dance Building 02/04/2014 Date Renovations Started**

**Tribal Enrollment**
**As of 02/28/2014**
**2,717**

## Wichita Housing Authority

**Quarterly Report**
**October 1-December 31, 2013**
**Submitted by: Shirley Davilla, WHA Chairperson**

The Wichita Housing Authority (WHA) submitted their Quarterly Report to the Wichita Executive Committee on January 7, 2014. Below you will find some of the highlights from the report.

- FY-2013 IHBG went into a single funding mode.
- Multiple open year grants are no longer allowed.
- The IHP submission was on time.
- As of January 7, 2014, the WHA was awaiting the Funding Approval Agreement.
- The fee account for NAHASDA related activity and the CPA firm conducting the accounting for the General Partnerships have continued their work as outsourced accountants.
- WHA is seeking an auditing firm for FY2014 audit..

Programs operated by the WHA:

- Low Income Rental (40 units) 1937 US Housing Act
- Mutual Help Homeownership Opportunity (55 units) 1937 US Housing Act
- Low Income Rental (10 units) NAHASDA funded
- Low Income Housing Tax Credit rental (25 units) WHLP 1
- Low Income Housing Tax Credit rental (40 units) WHLP 2
- NAHASDA Rent to Own (16 units) ARRA of 2009
- Newly instituted HUD Section 184 Home Loan Guarantee Lease to Purchase (1 unit)

During the reporting period, the Wichita Housing Authority had one MH family successfully complete the program requirements and the family now possesses the home. During 2013, there were two Mutual Help Homebuyers who were awarded homeownership.

The Board of Commissioners met monthly during the quarter to transact business for applicants to be placed into vacant units from the established waiting list. At the close of the quarter, WHA had one unit unassigned. All other units were occupied.

The Wichita Housing Authority continues to consider new development possibilities in surrounding areas. The financial report will be submitted to the Wichita Executive Committee after it is received from its fee accountant.

# What You Need to Know About Falls Among Older Adults

## Falls Among Older Adults: An Overview

Each year, one in every three adults age 65 and older falls. Falls can cause moderate to severe injuries, such as hip fractures and head injuries, and can increase the risk of early death. Fortunately, falls are a public health problem that is largely preventable.

**How big is the problem?**

- One out of three adults age 65 and older falls each year, but less than half talk to their healthcare providers about it.
- Among older adults (those 65 or older), falls are the leading cause of injury death. They are also the most common cause of nonfatal injuries and hospital admissions for trauma.
- In 2010, 2.3 million nonfatal fall injuries among older adults were treated in emergency departments and more than 662,000 of these patients were hospitalized.

In 2010, the direct medical cost of falls, adjusted for inflation, was $30.0 billion.

**What outcomes are linked to falls?**

- Twenty to thirty percent of people who fall suffer moderate to severe injuries such as lacerations, hip fractures, or head traumas. These injuries can make it hard to get around or live independently, and increase the risk of early death.
- Falls are the most common cause of traumatic brain injuries (TBI). In 2000, TBI accounted for 46% of fatal falls among older adults.
- Most fractures among older adults are caused by falls. The most common are fractures of the spine, hip, forearm, leg, ankle, pelvis, upper arm, and hand.

Many people who fall, even if they are not injured, develop a fear of falling. This fear may cause them to limit their activities, which leads to reduced mobility and loss of physical fitness, and in turn increases their actual risk of falling.

**Who is at risk?**

Fall-related Deaths

- The death rates from falls among older men and women have risen sharply over the past decade.
- In 2009, about 20,400 older adults died from unintentional fall injuries.
- Men are more likely than women to die from a fall. After taking age into account, the fall death rate in 2009 was 34% higher for men than for women.
- Older whites are 2.4 times more likely to die from falls as their black counterparts.

Rates also differ by ethnicity. Older non-Hispanics have higher fatal fall rates than Hispanics.

**Fall Injuries**

- People age 75 and older who fall are four to five times more likely than those age 65 to 74 to be admitted to a long-term care facility for a year or longer.
- Rates of fall-related fractures among older women are more than twice those for men.
- Over 95% of hip fractures are caused by falls. In 2009, there were 271,000 hip fractures and the rate for women was almost three times the rate for men.

White women have significantly higher hip fracture rates than black women.

**How can older adults prevent falls?**

Older adults can remain independent and reduce their chances of falling.
They can:

- Exercise regularly. It is important that the exercises focus on increasing leg strength and improving balance, and that they get more challenging over time. Tai Chi programs are especially good.
- Ask their doctor or pharmacist to review their medicines—both prescription and over-the counter—to identify medicines that may cause side effects or interactions such as dizziness or drowsiness.
- Have their eyes checked by an eye doctor at least once a year and update their eyeglasses to maximize their vision. Consider getting a pair with single vision distance lenses for some activities such as walking outside.

Make their homes safer by reducing tripping hazards, adding grab bars inside and outside the tub or shower and next to the toilet, adding railings on both sides of stairways and improving the lighting in their homes.

To lower their hip fracture risk, older adults can:

- Get adequate calcium and vitamin D—from food and/or from supplements.
- Do weight bearing exercise.

Get screened and, if needed, treated for osteoporosis.

Information obtained from:
Centers for Disease Control and Prevention
800-232-4636: TTY 888-232-6348

This article was submitted for the newsletter by Nahusheah Mandujano, Public Health Nurse for the Wichita and Affiliated Tribes.